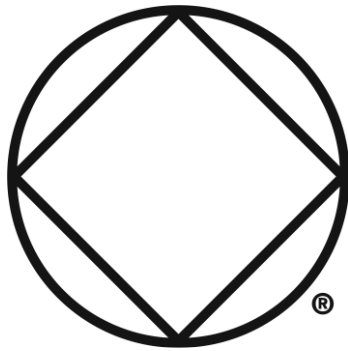


# CENTRAL ARKANSAS AREA OF NARCOTICS ANONYMOUS

January 2019

Updated: 01/22/2019



FREE LOCAL NUMBER

(501) 373-8683

[www.caasc.org](http://www.caasc.org)

ARKANSAS REGIONAL HELPLINE

(800) 338-8750

[www.arscna.org](http://www.arscna.org)

*“What is our message? The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.”*

*Narcotics Anonymous, 6th Ed., page 68*

Unless noted, all meetings are handicap accessible.

All meetings are non-smoking, including vaping/electronic cigarettes.

All Meetings are Open Discussion format unless otherwise indicated per legend below:

**BK – NA Literature Study**

**CD – Closed Discussion ONLY addicts or those who think they may have a problem.**

**CL – Candlelight Meeting**

**LGBT – LGBT friendly**

**MEN – Men Only**

**SP – Speaker Meeting**

**T – Topic Meeting**

**WMN – Women Only Please**

**VETS – Military Veterans Only**

## Sunday

**12pm – 1pm** *Recovery in the Daylight*, Recovery Central, 1305 W. Markham, LR

**4pm – 5pm** *Who We Are*, Corner of Hwy 321 and 89, Cabot

**5pm – 6pm** *Vision of Hope*, 1118 Gum Street, Conway  
**WMN**

**5:30pm – 6:30pm** *Living Clean*, Recovery Central, 1305 W. Markham, LR

**6pm – 7pm** *Living in Grace*, 9215 Hwy 107, Sherwood

**6:30pm – 7:30pm** *Grow or Die*, New Beginnings Church, 407 Prickett Road, Bryant

**7pm – 8pm** *Vision of Hope*, 1118 Gum Street, Conway

## Monday

**6:30am – 7:30am** *Clean at Sunrise*, Recovery Central, 1305 W. Markham, LR **CD**

**12pm – 1pm** *Recovery in the Daylight*, Recovery Central, 1305 W. Markham, LR **BK**

**12pm – 1pm** *Who We Are*, Corner of Hwy 321 and 89, Cabot

**5:30pm – 6:30pm** *Living Clean*, Central Church of Christ Annex Bldg, 823 W. 6th Street, LR **BK**

**6pm – 7pm** *Clean and Serene*, Recovery Central, 1305 W. Markham, LR **CL**

**6:30pm – 7:30pm** *One Disease One Program (O.D.O.P.)*, St. Peter's Episcopal Church, Morgan House, 1926 Prince St., Conway

**7pm – 8pm** *Vision of Hope*, 1118 Gum Street, Conway

**7:30pm – 8:30pm** *Hope Without Dope*, First Presbyterian Church, 501 N. East St, Benton **CD**

**7:30pm – 8:30pm** *Together We Can*, Recovery Central, 1305 W. Markham, LR

**7:30pm – 8:30pm** *Who We Are*, Corner of Hwy 321 and 89, Cabot

## Tuesday

**12pm – 1pm** *Recovery in the Daylight*, Recovery Central, 1305 W. Markham, LR

**12pm – 1pm** *Who We Are*, Corner of Hwy 321 and 89, Cabot

**5:30pm – 6:30pm** *The Women's Group*, Recovery Central, 1305 W. Markham, LR **WMN**

**6:30pm – 7:30pm** *Grow or Die*, New Beginnings Church, 407 Prickett Road, Bryant

**7pm – 8pm** *Regardless of Age*, Unitarian Universalist Church 1818 Reservoir Rd., LR **BK**

**7pm – 8pm** *Vision of Hope*, 1118 Gum Street, Conway

**7:30pm – 8:30pm** *Together We Can*, Recovery Central, 1305 W. Markham, LR

**7:30pm – 8:30pm** *Who We Are*, Corner of Hwy 321 and 89, Cabot

## Wednesday

**6:30am – 7:30am** *Clean at Sunrise*, Recovery Central, 1305 W. Markham, LR **CD**

**12pm – 1pm** *Recovery in the Daylight*, Recovery Central, 1305 W. Markham, LR

**12pm – 1pm** *Who We Are*, Corner of Hwy 321 and 89, Cabot

**5:30pm – 6:30pm** *Living Clean*, Central Church of Christ Annex Building, 823 W. 6th Street, LR

**6:30pm – 7:30pm** *One Disease One Program (O.D.O.P.)*, St. Peter's Episcopal Church, Morgan House, 1926 Prince St., Conway

