

**Central Arkansas Area
Service Committee Minutes
March 22, 2026**

OPENING

The meeting opened at 1:30pm by Jennifer N. with a moment of silence followed by the Serenity Prayer. The Twelve Traditions were read by Ashley C., Chad M. read the first two paragraphs of Tradition Two, Dana B. read the definition and purpose of an ASC.

ROLL CALL (presence Reports / presence for New Business)

ADMINISTRATIVE COMMITTEE

Chair	Jennifer N.	PRESENT / PRESENT
Vice Chair	Victoria W.	PRESENT / PRESENT
Secretary	Jennifer E.	PRESENT / PRESENT*
Treasurer	David D.	PRESENT / PRESENT
RCM	Shanon A.	PRESENT / PRESENT
RCM Alternate	Chad M.	PRESENT / PRESENT

SUBCOMMITTEES

Activities	Zach G.	PRESENT / PRESENT
Convention	Aaron P.	PRESENT / PRESENT
H&I	Sarah E.	PRESENT / PRESENT
Literature	Kelly M.	PRESENT / PRESENT
Outreach	Curtis M.	ABSENT / ABSENT **
PR	Jimianne B.	ABSENT / ABSENT

GSR'S

Alive and Free	Megan J.	PRESENT / PRESENT
Clean & Serene	Ashley C.	PRESENT / PRESENT
Hope Without Dope	Sarah E.	PRESENT / PRESENT
Just for Today	Hank S.	PRESENT / PRESENT*
No Matter What	Jeremy H.	PRESENT / PRESENT
One Disease One Program	David W.	PRESENT / PRESENT
Recovery in the Daylight	Carolyn B.	PRESENT / PRESENT
Regardless Of Age	James. A.	PRESENT / PRESENT
Seeking Solutions	Darryl M.	ABSENT / ABSENT**
Square Base	Robert B.	PRESENT / PRESENT*
Together We Can	Cody K.	PRESENT / PRESENT
Vision of Hope	Billy H.	PRESENT / PRESENT
Who We Are	Stephanie W.	PRESENT / PRESENT

* *Alternate*

** *Second absence. Vice Chair to send letter.*

ADMINISTRATIVE COMMITTEE REPORTS

ADMINISTRATIVE COMMITTEE REPORT

None

SECRETARY'S REPORT

Minutes from January read. Motion to accept. Passed.

TREASURER'S REPORT

PO Box Report

- 2 Area Bank Statements
- 2 Activities Statements
- 2 PR Statements
- Checks
- 2 Certified Copier Bills
- 2 Answerfone Bills

Beginning Treasurer's Report

Last ASC Ending Balance	\$2213.07
Bills Paid - Cleared	
● Jan Statement Fee -	\$5.00
● Feb Statement Fee -	\$5.00
● ATM 2/1 -	\$400.00 (Chad M RCMA Budget)
● DC 2/4 -	\$82.17 (Bradford Checks)
● #2776 Jennifer Davis -	\$216.00 (Website host)
● #2777 Answerfone -	\$127.09
● #2778 Certified Copier -	\$76.04
● #2779 CAALCNA (H&I Budget) -	\$250.00
● #2780 FOR -	\$50.00
● #1001 ARSCNA -	\$54.82
● #1002 Shanon A -	\$400.00
● #1004 NAWS -	\$54.82
● #2781 Certified Copier -	\$76.04
● #2782 Answerfone -	\$127.09
● #2783 Answerfone -	\$127.09
Outstanding Bills	
● March Statement Fee -	\$5.00
● #2768 SZF -	\$497.64
● #2771 SZF -	\$347.90
● #1003 SZF -	\$54.82
● #2784 Certified Copier -	\$76.04
● #2785 Shanon A (Receipt Bk) -	\$10.20
Deposits - Cleared	
● 1/19 -	\$933.47
● 1/29 -	\$50.00
Deposits - Outstanding	
● N/A	
Reconciled Bank Statement	\$1804.74

GROUP REPORTS

ALIVE & FREE

We continue to meet on the second and fourth Sunday at 4pm at Recovery Central. We are a literature based conversation style meeting. Currently reading out of Guiding Principles, one tradition a month. We would love to have you.

CLEAN AND SERENE

Hello family! Clean and Serene meet every Thursday and Friday from 7:30 to 8:30 at Recovery Central. Our business meeting takes place at Recovery Central as well on the second Friday at 6:30 each month. We continue to average 25 to 30 people. Birthdays are celebrated on the first Thursday of each month, and this month we are celebrating Kristi F. with 5 years of clean time! Have a wonderful day and thank you for letting me be of service. Ashley C.

HOPE WITHOUT DOPE

Hello! Hope Without Dope continues to carry the message to addicts in Saline County.

Sarah E. reporting as GSR. My email address is Sarah.hocotts@gmail.com. Our GSRA is Tahirih M. Her email is tahirih.macklin@gmail.com. We meet in person at 510 N. East St on Monday, Thursday, and Friday at 7:30pm, and 12:00 noon every Tuesday every week. Please come out and support and tell your friends.

We have a speaker and date night every first Friday of the month, where we feature a speaker meeting and go for an outing after the meeting. The next one will be Friday, April 3rd and our speaker will be Alexis S. from Hot Springs! For the activity after the meeting, we will most likely go to either Chili's or possibly Loblolly ice cream if it's hot out. Come out and fellowship with us!

Past home group member celebrations include Tasha E with 1 year and Jennifer N with 29 years! Also next Friday the 27th we're having birthday night, celebrating Alex E. with 7 years, Sarah E. with 5 years, and Kelly M. with 18 months!! Come have cake with us!

Our secretary mailed a donation check in to Area. Our meeting attendance seems to have dwindled slightly, but I don't have the exact numbers. Please come out and support our group!!

In loving service, Sarah E.

JUST FOR TODAY

Greetings from Just for Today, we are doing well and growing little by little. Our meeting attendance has been fluctuating between 6-8 addicts. We have found a location to host a second meeting during the week. Bingham Road Baptist Church located at 923 W. Bingham Rd in Little Rock has a space we can use on Monday nights at 7:00pm. This is a new development for us and we are still working out the start date. This location is about 20 minutes from our current location but we believe will help us reach addicts in the Landmark, East End, and Hensley areas and possibly Pine Bluff. We will update area as soon as details are set.

In loving service Hank S.

NO MATTER WHAT

Hello fellow addicts, Greetings from No Matter What!

Our group meets every Thursday and Sunday at 7:30pm at Levy United Methodist Church (701 W/ 47th St. North Little Rock) On the last Sunday of each month we hold a business meeting at 6:30 PM before the speaker meeting.

Attendance:

- Thursdays: ~30 members
- Sundays: ~60-80 members

Group Updates:

- We will contribute \$100 to Area this month.
- Ashley J celebrated 3 years on Feb 16
- Luca S celebrated 2 years on March 7

Thank you for allowing me to be of service. With Gratitude, Jeremy H

ONE DISEASE ONE PROGRAM

Hello family, I'm pleased to say we are steadily growing. We are not up to 15 plus homegroup members. We had 3 people join our homegroup since the last area meeting. We are glad to say we are still having hybrid meetings. There are several milestone birthdays: Dylan K 1 year, Phillip R. 1 year, Tony 2 years, Bill H. 10

years, David w. 13 years, 2 9-months, 1 6-month, 1 90-days, 1 60-days, 1 30-days, and 1 newcomer key tag given. We have a \$50.00 area donation.

Thank you for allowing me to be of service, David W.

RECOVERY IN THE DAYLIGHT

Hello from RITD. We are still meeting 7 days a week at 1305 w Markham. We have an average attendance of 34. Our birthday meeting is the last Saturday of the month. Our business meeting is on the second Saturday of the month following the regularly scheduled meeting. We are also celebrating our annual birthday April 18, after the meeting, where we will be grilling hotdogs and hamburgers to celebrate 27 years as a homegroup. Flyers available. We have a donation of 174.36.

Thank you for allowing me to be of service, Carolyn B

REGARDLESS OF AGE

Good afternoon, everyone. All is well at ROA. We continue to meet Wednesdays at 7:30pm and Fridays at 9:30pm at the Unitarian Universalist Church at 1818 Reservoir Rd. Our business meeting is the 2nd Friday of the month at 8:00 pm. Since last area we celebrated Misty B with 9 years and Paul with 4 years. We have a \$200 donation for the area. In loving service, Addict named James A. Thank you

SEEKING SOLUTIONS

No report given.

THE SQUARE BASE

Hi Family from The Square Base. I apologize for not being there today. I am not feeling the best. We meet two days a week at 6pm on Tuesdays and Thursdays at 218 E Center Street (The Coffee Bean). We are averaging 6 people each night. Our business meeting is held the First Tuesday of every month following our regular meeting. We could use support at our meetings. Thank you for allowing me to be of service. Lydia C. -GSR

TOGETHER WE CAN

Hey everybody I am Cody and I am an addict. Also I am the new GSR of our homegroup Together We Can. Dana is our new treasurer and we are here today together until a GSR Alt is elected. Meetings have been large lately averaging 61 addicts in February compared to average of 45 in January.

We made some adjustments to our format to be able to have more time for sharing in the meetings which includes only reading Who, What, and Why. Because sponsors are not readily raising their hands to sponsor newcomers, we changed our format from "raise your hand if you are willing to sponsor" to "raise your hand if you need a sponsor". This has been great because members are welcoming them after the meeting, making sure they have meeting lists and sponsorship IP. Some are introducing them to good sponsors or commit to helping them find one.

Financially it is obvious people do not always make basket donations so we have been given a new Cell phone that we can have a TWC cashApp. Maybe this will help. Coffee and supplies plus literature and rent exceeds our basket donations, so homegroup members give more money each time to make up the difference.

We celebrated Ebony's 3 years this month and Kelly's 33 years in February. . In April we will celebrate Brian F. 10 yrs and Donell H. 22 yrs. TWC is thrilled to have three new members: Matthew, Jack and Jackie This totals 15 women and 12 men. Come join us on Monday and Tuesday nights at 7:30 pm here at Recovery Central.

Thanks, Cody K

VISION OF HOPE

Hello family and friends, from vision of hope. All is well at our meetings. Our attendance has been averaging between 15-35 each night. We meet every night at 7:00pm and except on Wednesdays and Sundays. There is a noon meetings on Tuesday's. Monday is our literature study of the basic text and is typically our highest turn

out. Our birthday night is the last Saturday of the month with a pot luck at 6 followed by a speaker (Gary G. From hot springs) at 7:00pm. We have 100\$ donation for area. Thanks for allowing me to be of service. Billy H.

WHO WE ARE

Good afternoon family,

Who We Are is alive and well. We meet Monday through Saturday 7:30-8:30, Thursday 12-1, and Sunday 4-5. Our attendance is steadily increasing, with our average attendance quick approaching 10 per meeting, up from 7 a few areas ago. We are having monthly speaker meetings on the third Friday of every month. Our next speaker meeting will be April 17, with speaker TBD. We still need support on Tuesdays and Thursdays.

We will be having our chili and cobbler cookoff next Sunday 12pm-5pm. Come join us for food, fun, and fellowship. Outside of support, we do not need anything from area at this time.

Thank you for letting me be of service, Stephanie W

RCM Report

The February 2026 RSC approved several items now in effect. The region purchased liability insurance from Berryhill Insurance Group for up to \$3,500, covering all Arkansas Region meetings and events.

The RSC also adopted the revised IP #21, *Staying Clean in Isolation*, replacing the older *The Loner* (CAR#1). Groups working with isolated members should begin using this updated pamphlet when available. Additionally, the NA World Services Strategic Plan for 2026–2029 was adopted (CAR #2), providing guidance for the fellowship at the world level, with details available in the Conference Agenda Report (CAR) at na.org/conference.

World Convention (WCNA) will now occur every five years starting in 2028 (CAR #3), with the next event in Dublin, Ireland in July of 2028. The RSC supported a project plan to explore delivering book-length NA literature to incarcerated members via tablets, expanding on existing audio and IP resources.

RSC approved an *amendment* to a proposal for AI language interpretation tools for World Service Conference meetings for research and pilot implementation to assist multilingual participation, though this remains in the early stage. The amendment proposed partly by our region emphasized personal data safety and the importance of acting without surveillance.

Several items are being sent back to areas for a vote. These items are listed in detail under Regional Business as well as Review of Information Going Back to Groups. Items approved during the last RSC meeting that were not sent back for area/group voting include the following:

- M2026-02-04: Add the attached [“acronym & terms \(alphabetical order\)” list](#) as reference material on the website arscna.org.
 - INTENT: add reference material that clarifies acronyms commonly used in regional services
- M2026-02-05: Remove “Sub-committee chairpersons are elected by a simple majority vote from those attending the subcommittee meetings.” and COMBINE “Duties and responsibilities of the convention will be selected by the RSC and the subcommittee chairperson will be selected by the chosen area or loner group. Areas must meet the requirements for committee membership.”
 - INTENT: Remove conflicting language and keep the language that best aligns with current practices and allows the chosen area or loner group to decide how those chair people are selected within the subcommittee.
- M2026-02-06: To create an Ad Hoc Committee to review and revise the Convention Policy.
 - INTENT: To ensure we have up-to-date, accurate, and workable policies for the convention.

In other updates, the regional liability insurance is now active for all meetings and events, and 24 Basic Texts have already been sent to jails in Arkansas. This provides a cost-effective alternative to individual group policies. Certificates for any meeting or event are available on request at treasurer@arscna.org. The 2025 Arkansas Regional Convention was successful, with 333 attendees and a net income of \$5,439.62 above expenses. The next RSC meeting is scheduled for May 2–3, 2026, in Hot Springs, AR.

In loving service, Shanon A and Chad M.

SUBCOMITTEE REPORTS

ACTIVITIES REPORT

Good afternoon Family,

Since our last area meeting we have held our Fat Saturday event which was a huge success with 93 registrations and over 100 in attendance. We raised \$1298.27 for the area and \$161.00 in HNI literature donations. We have also set dates and a theme (Unity - A practice in love) for Joy is in the Journey which are July 17th thru 19th at the Old Hwy 25 campground in Heber Springs. We are in the final planning stages and should have flyers soon. We are also holding an art contest for JNJ. Submissions are due by May 1st and the winner will receive a tshirt and registration.

We have elected Stephannie W as treasurer and have had a few new members join the committee. Our next meeting will be held Sunday 3/29/26 at 2pm at Recovery Central and via video chat through GroupMe. The focus of our next meeting will be the Heber Springs Campvention. If you are interested in attending our meetings via GroupMe please download the app and text Zach G. at 501-348-0292 and you will be added to the group.

Our current bank balance is 3425.20

CONVENTION COMMITTEE

Greetings from the Convention Committee, Our annual Recovery Bowl/Super Bowl Party was a great success. The event brought in \$2,792.00 in total income. Expenses totaled \$1,784.26 for T-shirts, hoodies, and food/supply purchases, with an additional \$44.94 in square fees. This resulted in a net profit of \$942.80. We still have hoodies and T-shirts available for sale.

Our next fundraiser, "Recovery After Dark," will be held on May 23rd from 4:00 p.m. to 9:00 p.m. at 924 Main Street in Little Rock. Join us in wearing your best 80s, 90s, and 2000s outfits. Tatjana B. will be our speaker, and the event will include a food truck, music, and glow items. Please help spread the word and come be a part of the fun.

As we prepare for the convention in August, we are also accepting auction item donations. Items can be given directly to me or Ashley C. We appreciate everyone's continued support in helping make this convention a success.

In gratitude and service, Aaron M.

HOSPITALS AND INSTITUTIONS

Verbal report given

LITERATURE COMMITTEE

Good afternoon Family;

Listed below is the accounting of deposits and withdrawals since 01/18/26:

01/20/26---deposit-\$872.50	\$1272.38
01/26/26 CC-\$677.34 (NA Lit-order)	\$595.04
02/09/26---deposit-\$631.40	\$1226.44
02/09/26 deposit \$80.00	\$1306.44
02/09/26 CC \$677.07 (NA Lit order)	\$629.38
02/13/26 deposit \$171.20	\$800.58
02/17/26 deposit \$165.00	\$965.58
02/17/26 CC- \$785.67 (NA-Lit-order)	\$179.91
02/20/26 deposit \$127.75	\$307.66
02/24/26 deposit \$120.00	\$427.66
02/25/26 deposit \$185.00	\$612.66
03/02/26 deposit \$170.00	\$782.66
03/03/26 CC-\$604.04 (NA-Lit-order)	\$178.62

03/05/26 deposit \$241.70	\$420.32
03/06/26 deposit \$174.20	\$594.52
03/18/26 deposit \$290.50	\$885.02
03/19/26 CC \$665.60 (NA-Lit-order)	\$219.42
Totals	
Beginning Balance -	\$399.88
<u>Deposits -</u>	<u>\$3229.25</u>
Total	\$3629.13
Expenses	
Total Credit Card -	\$3409.72
Checking Account balance -	\$219.42
<u>Cash</u>	<u>\$119.91</u>
Total	\$393.33
 Inventory Summary	 \$9063.59

Thanks for allowing me to be of service to the fellowship. In loving service, Kelly M

PUBLIC RELATIONS

Greetings from the Public Relations Subcommittee. The Public Relations Subcommittee has continued to meet on the second Sunday of each month. We are discussing electing a co-chair, secretary and treasurer.

PR Subcommittee has had no expenses since the last area meeting less the \$10.00 monthly bank fee. The PR Subcommittee bank account balance is \$147.18. We are holding \$247.19 cash. The total funds held by the PR Subcommittee at this time is \$394.37.

To build up PR funds to fund upcoming events and projects, we are again asking Area for our budget allowance at this time, which is \$250.

This is all I have for recent PR Subcommittee activity. I truly appreciate the opportunity to serve.

Respectfully, Jimianne B.

OLD BUSINESS

None

Recess—20 minutes

OPEN SHARING

- Donations to SZF: Is this necessary? We sent 10% above prudent reserve. It was brought up that a motion to change this just failed with this body. The main purpose of SFZ as described at region is PR.
- Area subcommittee event locations: Does ASC have an opinion on the location of area events? A member thought we should consider evaluating cost on locations outside of Recovery Central when booking locations. Another member rebutted that more than costs are used to determine venues for events: space, capacity, amenities, etc. A member read an excerpt from Tradition 5, underlining that our primary purpose is to carry the message and not spend the least amount of funding.
- Possible PR Workshop: Introduction to Drug Court. NWAANA is taking a workshop to drug court participants to explain NA; what is a meeting, how to conduct themselves, what to expect, etc. The material for this workshop is already available. Is CAASC interested in participating in this?
 - An Ad Hoc committee to review logistics and documentation review will be chaired by Chad M.

ELECTIONS AND RESIGNATIONS

RESIGNATIONS

None

ELECTIONS

Chair – Victoria W. elected.

NOMINATIONS

Vice Chair – JT R. nominated. Nominations closed, back to groups. See Service Resume below.

- Clean date: 8/31/1986
- Current Service Commitments: H&I panel member
- Prior Service Positions: Area H&I Chair
- Experience in Position Being Nominated: None
- Service Commitments Vacated by Resignation or Impeachment: None
- Reason I Can and Want to Serve the Fellowship: We are here to serve! My ability may be challenged, but I have willingness.

Treasurer – Stephanie W. nominated. Nominations closed, back to groups. See Service Resume below.

- Clean date: 06/06/2018
- Current Service Commitments: GRS, Chair, Activities Treasurer
- Prior Service Positions: Multiple Chair positions
- Experience in Position Being Nominated: Day job is in corporate banking - regularly deal with money that is not mine and have never misappropriated funds. Also current Area Activities Treasurer and other multiple service commitments.
- Service Commitments Vacated by Resignation or Impeachment: None
- Reason I Can and Want to Serve the Fellowship: I want to give back what was freely given to me. I want to apply skills I have acquired outside of Narcotics Anonymous to the rooms of NA. I am willing and able to take on a two year commitment, and I feel that taking on an area position will enhance my recovery and growth within the fellowship.

Literature Chair – Walter R. nominated. Nominations closed, back to groups. See Service Resume below.

- Clean date: 4/23/1991
- Current Service Commitments: Treasurer of It Works: How & Why and Clean and Serene
- Prior Service Positions: Area Literature Chair, PR Chair, and Group Treasurer
- Experience in Position Being Nominated: Served in this position
- Service Commitments Vacated by Resignation or Impeachment: None
- Reason I Can and Want to Serve the Fellowship: I am able to and love giving back.

Outreach Chair - David W. & Matthew S. nominated. Nominations closed, back to groups. See Service Resume below.

David W.

- Clean date: 2/14/2013
- Current Service Commitments: GSRA
- Prior Service Positions: GSR, GSRA, Group Treasurer, Chair, and brief H&I experience
- Experience in Position Being Nominated: I have a lot of asphalt recovery experience. Also doing H&I, which is cousins with Outreach.
- Service Commitments Vacated by Resignation or Impeachment: Resigned from Group Treasurer after 3 ½ years of service.
- Reason I Can and Want to Serve the Fellowship: I have the means to travel. I enjoy outside meetings and meeting new people. Plus it allows me the change to take my young sponsees on asphalt recovery experience.

Matthew S.

- Clean date: 3/7/2025
- Current Service Commitments: H&I panel member
- Prior Service Positions: None
- Experience in Position Being Nominated: Traveling to meetings around the state. Going to conventions and meeting people.
- Service Commitments Vacated by Resignation or Impeachment: None
- Reason I Can and Want to Serve the Fellowship: I'm willing to help the program that saved my life and I want to continue spreading the word to new addicts around the area and world.

REGIONAL BUSINESS

- M2026-02-02: Increase seed money for Arkansas Regional Convention from \$10,000.00 to \$12,000.00.
 - INTENT: To provide ample funds to fulfill the mission and purpose of the Convention Committee, which is to plan, coordinate, and conduct the biennial Arkansas Regional Convention of Narcotics Anonymous, given the rising costs of all products and services related to conducting said convention.
 - Policy Changes: 1.28 Convention Proceeds Disbursements, 1.a. Convention Seed Money is \$10,000.00.
 - Additional Context: The 2025 Regional Convention Budget was \$19,820.00; actual expenses were \$22,932.65; gross revenue was \$28,372.27. \$12,000.00 is far short of what is needed, but moves us in the appropriate direction.
 - BACK TO AREAS
- M2026-02-03: To adopt the ARSCNA Policy, Social Media Policy, and Treasurer's Policy as part of the Ad Hoc Communications Project adopted from M2025-05-04.
 - INTENT: To update, modernize, and clarify the policies of the ARSCNA.
 - Additional Context: Was work shopped with the regional service committee members on January 15th and February 7th, 2026. A marked up copy and a clean copy are provided.
 - BACK TO AREAS
- OPEN NOMINATIONS (close in May)
 - Chair: Jennifer D., current Vice Chair, automatic
 - Treasurer: Crystal S., current Treasurer-in-Training, automatic
 - Secretary: Angie F., current Secretary-in-Training, automatic
 - Vice Chair: David D.
 - Secretary-in-Training: Shanon A.
 - Treasurer-in-Training:
 - Policy Coordinator:
 - Convention Chair:
 - Communications Coordinator:
- ARCNA 2027 Convention Bids (attached together): PICK ONE
 - October 29-31, 2027 @ \$179.00 per room
 - November 19-21, 2027 @ \$129.00 per room

CAR (Conference Agenda Report)

- All Current Surveys and Discussions: <https://na.org/naws-projects-and-surveys/>
- Deadline April 1, 2026
 - CAR Survey: https://www.surveymonkey.com/r/2026_CAR_Survey
 - Gender-Neutral and Inclusive Language: http://surveymonkey.com/r/2026_CAR_Gender_Neutral
 - DRT/MAT in NA: Helping Members Take Root: https://www.surveymonkey.com/r/2026_CAR_DRT_MAT
- Deadline 4/20/26, H&I Basics Input Form: https://www.surveymonkey.com/r/HandI_Basics_Comm

UPDATED TREASURER'S REPORT

Beginning Working Balance	\$1804.74
Group Donations	\$889.34
Turnovers	
• N/A	
Return(s) of Budget(s)	\$224.00
• Shanon A.	\$150.00
• Chad M.	\$94.00
Budgets Given	(\$1050.00)
• H&I	(\$250.00)
• PR	(\$0.00)
• RCM	(\$400.00)
• RCMA	(\$400.00)
Reimbursements	\$0.00
Money Motions	(\$0.00)
Updated Balance	\$1888.08

NEW GROUPS

- Living Clean in Little Rock would like to join the area with Joseph P. as the GSR.

Greetings from Living Clean Group.

Due to a rise in attendance, we are happy to announce that we will be actively participating in area meetings once again. Our GSR is Joseph P. His contact information can be found at the bottom of this document. Anyone interested in becoming a homegroup member may contact the GSR below or come to one of our regular meetings to join. Our contribution to the area this month was \$170.00.

We meet Monday, Wednesday and Friday 5:30 P.M. to 6:30 P.M. at the Central Church of Christ located at the northeast corner of 6th and IZARD streets. Doors open at 5:00 P.M. We average around 15 members daily.

Monday is a literature study group, and we have a speaker meeting on the last Friday of every month. Anyone interested in sharing their recovery journey with us please contact our GSR at the number below.

We also meet at Recovery Central Saturday night 8:00 P.M. to 9:00 P.M. and Sunday 5:30 P.M. to 6:30 P.M.

The Saturday night candlelight meeting is our biggest in attendance, averaging around 30 members. We have changed the format of our Saturday night meetings to focus on the newcomer, allowing them to ask questions related to early recovery. We allow crosstalk from more experienced members, so newcomers may benefit from their suggestions.

Warmest Regards,

Joseph P. GSR Living Clean Group

Phone: (501) 644-2751

Email: Geojpurifoy@hotmail.com

NEW BUSINESS

- M032226-01: To remove Central Arkansas Area's 10% above prudent reserve monies donation to Southern Zonal Forum.
 - INTENT: To keep more of CAASCNA's money within our area.
 - Additional Context: 3 Area donation checks have not been deposited /cleared by SZF bank.
 - -Secretary's Note- It was confirmed with SZF trusted servants that all three checks were deposited into the new SZF account on 2/26/26 and should be reflected on CAASC's March bank statement.
 - **BACK TO GROUPS**

ANNOUNCEMENTS

- Convention Meeting: First Sunday at the month at 1:30pm (Recovery Central)
- H&I Workshop: Last Sunday of the Month at 1:30pm (Recovery Central)
- H&I Committee and Panel Leaders meeting: last Sunday of the month at 1:30pm (Recovery Central)
- Public Relations Committee Meeting: 2nd Sunday of each month at 1:15pm (Recovery Central)
- Hope Without Dope needs support at their noon on Tuesdays.
- Just for Today needs support – new group in Sheridan.
- Who We Are needs support, particularly on Thursday.
- Square Base needs support.
- 3/29/26 Who we Are Chili & Cobbler Cookoff
- 4/18/26 RITD 27th Anniversary
- 5/1/26 Art Contest submissions due for Joy is in the Journey (to govia.zach@gmail.com)
- 5/23/26 Recovery after Dark Event @ 924 Main St., Little Rock
- 7/17-19, 2026 - Joy is in the Journey @ Old Highway 25 Campground
- New price sheets are available from the Literature Committee
- **Regional Insurance Project Update:** A Regional liability insurance policy is now in effect for any meeting or event! Contact treasurer@arscna.org for event coverage.

REVIEW OF INFORMATION GOING BACK TO GROUPS

Vote on Closed Nominations:

- Vice Chair – JT R. nominated. Nominations closed, back to groups.
- Treasurer – Stephanie W. nominated. Nominations closed, back to groups.
- Literature Chair – Walter R. nominated. Nominations closed, back to groups.
- Outreach Chair - David W. & Matthew S. nominated. Nominations closed, back to groups

Vote on the ASC Motion:

- M1-032226: To remove Central Arkansas Area's 10% above prudent reserve monies donation to Southern Zonal Forum.
 - INTENT: To keep more of CAASCNA's money within our area.
 - Additional Context: 3 Area donation checks have not been deposited /cleared by SZF bank.
 - *-Secretary's Note-* It was confirmed with SZF trusted servants that all three checks were deposited into the new SZF account on 2/26/26 and should be reflected on CAASC's March bank statement.

Vote on Regional Business (and return votes to sma001156@gmail.com or 501-407-1062 before 5/1/26):

- **All regional business attached together:** Convention Bids, Policy Draft, Treasurer's Policy Draft, & Social Media Policy Draft
- **M2026-02-02:** Increase seed money for Arkansas Regional Convention from \$10,000.00 to \$12,000.00.
 - INTENT: To provide ample funds to fulfill the mission and purpose of the Convention Committee, which is to plan, coordinate, and conduct the biennial Arkansas Regional Convention of Narcotics Anonymous, given the rising costs of all products and services related to conducting said convention.
 - Policy Changes: 1.28 Convention Proceeds Disbursements, 1.a. Convention Seed Money is \$10,000.00.
 - **Additional Context:** The 2025 Regional Convention Budget was \$19,820.00; actual expenses were \$22,932.65; gross revenue was \$28,372.27. \$12,000.00 is far short of what is needed, but moves us in the appropriate direction.
- **M2026-02-03:** To adopt the ARSCNA Policy, Social Media Policy, and Treasurer's Policy as part of the Ad Hoc Communications Project adopted from M2025-05-04.
 - INTENT: To update, modernize, and clarify the policies of the ARSCNA.

- Additional Context: Was workshopped with the regional service committee members on January 15th and February 7th, 2026. A marked up copy and a clean copy are provided.
- OPEN NOMINATIONS (close in May):
 - Chair: Jennifer D., current Vice Chair, automatic
 - Treasurer: Crystal S., current Treasurer-in-Training, automatic
 - Secretary: Angie F., current Secretary-in-Training, automatic
 - Vice Chair: David D.
 - Secretary-in-Training: Shanon A.
 - Treasurer-in-Training:
 - Policy Coordinator:
 - Convention Chair:
 - Communications Coordinator:
- ARCNA 2027 Convention Bids (attached together):
 - October 29-31, 2027 @ \$179.00 per room
 - November 19-21, 2027 @ \$129.00 per room

■ **PICK ONE**

CAR (Conference Agenda Report)

- All Current Surveys and Discussions: <https://na.org/news-projects-and-surveys/>
- Deadline **April 1, 2026**
 - CAR Survey: https://www.surveymonkey.com/r/2026_CAR_Survey
 - Gender-Neutral and Inclusive Language: http://surveymonkey.com/r/2026_CAR_Gender_Neutral
 - DRT/MAT in NA: Helping Members Take Root: https://www.surveymonkey.com/r/2026_CAR_DRT_MAT
- Deadline April 20, 2026
 - H&I Basics Input Form: https://www.surveymonkey.com/r/HandI_Basics_Comm

NEXT ASC MEETING

May 17, 2026, at 1:30pm, Recovery Central, 1305 W. Markham, hosted by Regardless of Age

Upcoming ASC Meetings

July 19, 2026 – Square Base

September 20, 2026 – Together We Can

November 22, 2026 – Vision of Hope

January 17, 2027 – Who we Are

NEXT RSC MEETING

May 2-3, 2026 – Ouachita Area (Hot Springs)

August 1-2, 2027 – AWOL Group (Harrison)

SCHEDULED WORKSHOP

- H&I Workshop: Last Sunday of the Month at 1:30pm (Recovery Central)

FINAL TREASURER'S REPORT

Updated Balance	\$1888.08
Less Prudent Reserve	(\$1,829.34)
Balance Less Prudent Reserve	\$58.74
RSC Donation	(\$5.87)
SZF Donation	(\$5.87)
NAWS Donation	(\$5.87)
Ending Working Balance	\$1870.47
Balance Over Prudent Reserve	\$17.61

ILS, David D, CAASCNA Treasurer

**AREA WEBSITE: CAASC.ORG; REGIONAL WEBSITE: ARSCNA.ORG
POST EVENTS ON THE WEBSITE – CLICK THE ‘*SUBMIT YOUR EVENT*’ BUTTON. OR SEND
INFO AND FLYERS TO OUR AREA WEBSERVANT: jennadavis@sbcglobal.net**

CLOSING

Meeting closed at 4:13pm with the Serenity Prayer.

⚡ WHO WE ARE PRESENTS ⚡

CHILI & COBBLER COOK-OFF

03.29.2026 **BRING THE HEAT!** 12:00-5 PM

Speaker: Tatjana B.

Auction & 50/50

3001 Highway 89 S, Cabot, AR

72023



CAACNA RECOVERY

AFTER

DARK

GUEST SPEAKER:

TATJANA B.

ROCK YOUR BEST 80'S, 90'S,

OR 2000'S OUTFITS

DATE: MAY 23, 2026

Time: 4pm-9pm

ADDRESS: 924 MAIN LITTLE ROCK

\$15 Door Cover

NO ADDICT TURNED AWAY

RSC IN ORACNA

MAY 2-3

2026

**315 W GRAND AVE
HOT SPRINGS, AR**

**SAT
10A**

SERVICE WORKSHOP

Topic TBD

GENESIS GROUP NA MEETING

Regularly Scheduled Meeting

**SAT
12P**

**SAT
1:30P**

RSC MEETING DAY ONE

Finish no later than 5:20pm

RSC MEETING DAY TWO

Admin 9A RSC 10A

**SUN
9A**



MORE INFO:

AARON W. 9186986727