

# Central Arkansas Area Service Committee Minutes January 18, 2026

## OPENING

The meeting opened at 1:30pm by Jennifer N. with a moment of silence followed by the Serenity Prayer. The Twelve Traditions were read by Shanon A., Jeremy H. read the first two paragraphs of Tradition Two, Jennifer B. read the definition and purpose of an ASC.

## ROLL CALL (presence Reports / presence for New Business)

### ADMINISTRATIVE COMMITTEE

Chair	Jennifer N.	PRESENT / PRESENT
Vice Chair	Victoria W.	PRESENT / PRESENT
Secretary	Jennifer D.	PRESENT / PRESENT
Treasurer	David D.	PRESENT / PRESENT
RCM	Shanon A.	PRESENT / PRESENT
RCM Alternate	Chad M.	ABSENT / ABSENT

### SUBCOMMITTEES

Activities	Zach G.	PRESENT / PRESENT
Convention	Aaron P.	PRESENT / PRESENT
H&I	Larry P.	PRESENT / PRESENT
Literature	Kelly M.	PRESENT / PRESENT
Outreach	Curtis M.	ABSENT / ABSENT **
PR	Jimianne B.	PRESENT / PRESENT

### GSR'S

Alive and Free	Megan J.	PRESENT / PRESENT
Clean & Serene	Ashley C.	PRESENT / PRESENT
Hope Without Dope	Tahirah M.	PRESENT / PRESENT *
Just for Today	Lauren B.	ABSENT / ABSENT
No Matter What	Jeremy H.	PRESENT / PRESENT
One Disease One Program	David W.	PRESENT / PRESENT
Recovery in the Daylight	Carolyn B.	PRESENT / PRESENT *
Regardless Of Age	James. A.	PRESENT / PRESENT
Seeking Solutions	Darryl M.	ABSENT / ABSENT
Square Base	Lydia C.	PRESENT / PRESENT
Together We Can	Mikayla R.	PRESENT / PRESENT
Vision of Hope	Billy H.	PRESENT / PRESENT
Who We Are	Stephanie W.	PRESENT / PRESENT

\* *Alternate*

\*\* *Second absence. Vice Chair to send letter.*

## **ADMINISTRATIVE COMMITTEE REPORTS**

### **ADMINISTRATIVE COMMITTEE REPORT**

The Administrative Committee completed the audits of the Convention Committee, Activities Committee, and Area.

#### **Convention**

- Square invoicing – no itemization or indication of whether the monies came from registration, merchandise sales, auction, etc.
- Deposits – some receipts missing, no itemization or notations regarding where the money came from (just a lump sum)
- Several expenses were paid in cash with no receipt
- Overall lack of breakdown of functions with regards to expenses and income (just lump sums), remaining merchandise, etc.
- Addict given cash instead of hotel booked which was won via a raffle
- Withdrawals for cash missing receipts

#### **Activities**

- Square invoicing – no itemization or indication of whether the monies came from registration, merchandise sales, auction, etc.
- Deposits – no itemization or notations regarding where the money came from (check register did separate t-shirt money from other function deposit)
- Missing expense from check register
- A few missing receipts
- Overall, the account balanced \$50 LESS than check register.

#### **Area**

- A few missing receipts, but from those entities that never send them (FOR, SZF, etc)
- Account balanced to the penny.

Overall, the Administrative Committee noted the following:

- Receipts need to be printed and organized sooner than the day of the audit.
- Committees need to have a single point of accountability – the treasurer - when it comes to spending and reimbursements.
- Check registers need to be kept (electronic or on paper) up-to-date, not downloaded or created at the end of the term.
- Accounts need to be balanced monthly. Errors can be caught sooner.
- Committee chairpersons have the responsibility to give bank statements to their treasurers, and treasurers have a duty to get them.
- Financial responsibility is not just not misappropriating NA funds, but it is spending the money wisely as the committee, specifically the chairperson and treasurer, are responsible to members and groups for the money, but also how the money is spent. Excessive spending should be avoided.
- Financial procedures for dealing with electronic payments (CashApp, Venmo, etc.) are needed along with a treasurers workshop (scheduled for 2/28/26)

### **SECRETARY'S REPORT**

Minutes from November with corrections read. Motion to accept as corrected. Passed.

## TREASURER'S REPORT

### PO Box Report

- 2 Area Bank Statements
- 2 Activities Statements
- 2 Convention Statement
- 4 Certified Copier Bills
- 2 Answerfone Bills

### Beginning Treasurer's Report

Last ASC Ending Balance **\$4,264.66**

#### Bills Paid - Cleared

- Nov Statement Fee - \$5.00
- Dec Statement Fee - \$5.00
- 11/8 DC USPS - \$15.69
- 12/16 DC Creative Outdoor - \$1,068.00
- #2763 Certified Copier - \$76.04
- #2764 CAALCNA (H&I) - \$250.00
- #2765 PR - \$250.00 **VOIDED**
- #2766 FOR - \$50.00
- #2767 CAACNA - \$2,500.00
- #2769 NAWS - \$497.64
- #2770 ARSCNA - \$497.64
- #2772 NAWS - \$347.90
- #2773 Answerfone - \$127.09
- #2774 Certified Copier - \$76.04
- #2775 Certified Copier - \$76.04

#### Outstanding Bills

- Jan Statement Fee - \$5.00
- #2768 SZF - \$497.64
- #2771 SZF - \$347.90
- #2776 Jennifer Davis - \$216.00
- #2777 Answerfone - \$127.09
- #2778 Certified Copier - \$76.04

#### Deposits - Cleared

- 11/3 - \$297.49
- 11/17 - \$548.75
- 11/17 - \$156.00

#### Deposits - Outstanding

- N/A

Reconciled Bank Statement **\$2,594.36**

## GROUP REPORTS

### ALIVE & FREE

We continue to meet on the second and fourth Sunday at 4pm at Recovery Central. We are a literature based conversation style meeting. Currently reading out of Guiding Principles and starting with Tradition 1. We would love to have you. Thank yall for your service.

## **CLEAN AND SERENE**

Hello family! Clean and serene are continuing to meet at Recovery Central from 7:30 to 8:30 every Thursday and Friday evening. We average 25 to 30 people. Our business meeting takes place on the second Friday of each month at Recovery Central from 6:30 to 7:30. We celebrate birthdays on the first Thursday of each month starting at 7:30, and this past month Autumn V. Celebrated three years of clean time! We do have a donation, and as always thank you for letting me be of service! Ashley C.

## **HOPE WITHOUT DOPE**

Hello! Hope Without Dope continues to carry the message to addicts in Saline County.

Sarah E. reporting as GSR. My email address is [Sarah.hocotts@gmail.com](mailto:Sarah.hocotts@gmail.com)

We meet in person at 510 N. East St on Monday, Thursday, and Friday at 7:30pm, and 12:00 noon every Tuesday every week. Please come out and support and tell your friends.

Our GSRA is Tahirih M. Her email is [tahirih.macklin@gmail.com](mailto:tahirih.macklin@gmail.com)

We have speaker and date night every first Friday of the month, where we feature a speaker meeting and go for an outing after the meeting.

We have home group member Cristin celebrating 9 years on Monday Jan 19th!! Come support our sister! In loving service, Sarah E.

## **NO MATTER WHAT**

Hello fellow addicts, Greetings from No Matter What! Our group meets every Thursday and Sunday at 7:30pm at Levy United Methodist Church (701 W/ 47th St. North Little Rock) On the last Sunday of each month we hold a business meeting at 6:30 PM before the speaker meeting. Attendance: Thursdays: ~30 members, Sundays: ~60-80 members. Group Updates: We will contribute \$100 to Area this month; We will have our Birthday Bash Spaghetti Dinner on February 22, 2026 at 5:30pm. Thank you for allowing me to be of service. With Gratitude, Jeremy H

## **O.D.O.P**

Hello from ONE DISEASE ONE PROGRAM! We are pleased to host today's meeting and to FOR for letting us use the facility. I do apologize for the disruption from ODOP last area. We see where problem was and we, as a group, are living in the solution. Again, sorry for the interruption. Please be advised that David W. is our GSR assistant/alternate! Our little group is doing great right now. We still meet at the same time, same place, online, and in-person. We've celebrated several clean date milestones since we last visited: Victoria W. - 17 years, Erin A. - 8 years, Alli J. - 3 years, Lee - 6 months, Jeffrey W. - 90 days. Thank you for allowing me to be of service, Erin A.

## **RECOVERY IN THE DAYLIGHT**

Hello from RITD, I apologize for not being present, we have our new GSR-A, Carolyn present and I am grateful to have her. We are still meeting 7 days a week at 1305 w Markham. We have an average attendance of 32. Our birthday meeting is the last Saturday of the month. Our business meeting is on the second Saturday of the month following the regularly scheduled meeting. Thank you for allowing me to be of service, Destiny B.

## **REGARDLESS OF AGE**

Good afternoon everyone, All is well at ROA. We continue to meet Wednesday's at 7:30pm and Fridays at 9:30pm at the Unitarian Universalist Church at 1818 Reservoir Road. Our business meeting is the 2<sup>nd</sup> Friday of the month at 8pm. Since our last Area meeting, we celebrated Claire H. – 21 years, Bart M., - 32 years, Rob W. – 32 years, and Andy Q. – 1 year. In loving service, addict named James A.

## **THE SQUARE BASE**

Hi family from the Square Base. We meet 2 days a week on Wednesday and Friday at 6pm at 218 E. Center Street (The Coffee Bean). We are averaging 6 people a night. Our business meeting is held the last Friday of

every month following our regular meeting. We could use some love and support at our meetings. We are having our first event – a resentment burn on February 20 from 5-10pm at Woolly Hollow State Park in Greenbrier. Thank you for allowing me to be of service. Lydia C.

### **TOGETHER WE CAN**

Good afternoon family, Together We Can is doing well. Our attendance has been averaging between 30-40. We meet Mondays & Tuesdays at 7:30. Our business meeting is the 1st Monday of every month at 6:15. We are celebrating Kelly's birthday on the 24th, he will have 33 years clean. Claire F and I will be stepping down from our service positions as GSR and Treasurer since we are both due at the beginning of March. Lori P will be stepping up as GSR and Dana B will also be stepping up as Treasurer. It has been an honor being of service and I look forward to doing it again in the future; thank you for allowing me to be of service. Mikayla R

### **VISION OF HOPE**

Hello family and friends from Vision of Hope. All is well at our meetings. Our attendance has been averaging between 20-35 each night. We meet every night at 7pm except on Wednesdays and Sundays. Monday is our literature study of the Basic Text and is typically our highest turnout. Our birthday night is the last Saturday of the month with a potluck at 6pm followed by a speaker (Sam from Dardanelle) at 7pm. We have \$100 donation for Area. Thanks for allowing me to be of service. Billy H.

### **WHO WE ARE**

Verbal report only

### **RCM Report**

Greeting from Region, Our next meeting will be on 02/07/2026 - 02/08/2026 in Rogers AR. I have attached a flyer for anyone who would like to attend. There will be Zoom Car workshops in February. The link is not working at this time and I will provide an updated link to the secretary to provide to GSR's and home groups. In Loving service, Shanon A.

### **SUBCOMITTEE REPORTS**

#### **ACTIVITIES REPORT**

Good afternoon, our last Activities meeting was a huge success. We had 5 attendees. We finalized planning our annual Cajun themed event which we have titled Fat Saturday. It will be held on Saturday 2/21/26 from 6-10pm at 924 Main Street, Little Rock, AR (flyer attached). Our next meeting will be held Sunda 01/25/26 at 2pm at Recovery Central and via video chat through GroupMe. The focus of our next meeting will be the Heber Springs Campvention. If you are interested in attending our meetings via GroupMe, please download the app and text Zach G. at 501-348-0292 and you will be added to the group. We are still operating without an official secretary or treasurer. Jennifer B. is standing in as interim treasurer, and I am covering the secretary position. Although I am willing and capable to fill the responsibilities of these positions, it is suggested in our guidelines that these positions, as well as, vice chair be filled. If you or your sponsee's would like to be of service to the Activities Committee, please join our next meeting. Keep in mind clean time requirements for treasurer is 2 years. From all of us on the Activities Committee, thank you for allowing us to be of service! In loving service, Zach G.

#### **Activities Financial Report:**

Hey family, we had our Ozark Mountain High campout in October. It was a great experience! We had 56 people to register. We sold 38 t shirts at the event and gave 2 away to speakers and 2 to our cooks. Thanks to everyone that came out to support our Area. We have a final checkbook balance of \$1,227.80. We will be turning over a check for \$427.80 today. We also had our yearly audit, and I will be removing myself from the bank account. Thank you for entrusting in me all these years! It's been an honor and privilege to be a trusted servant for our wonderful area. Jennifer B.

## CONVENTION COMMITTEE

Greetings from the Convention Committee, Our second fundraiser event—the annual Recovery Bowl/Super Bowl Party—will be held on February 8, 2026, from 4:00 p.m. to 9:00 p.m. The event will take place at the location where the No Matter What NA group meets, 701 West 47th Street, North Little Rock. Pre-convention T-shirts and hoodies will be available for purchase. The event will also include a chili cook-off, raffle items, and prizes for Super Bowl squares. If you would like to enter the chili cook-off, please have your chili ready by 4:30 p.m. If you have any items you would like to donate for the raffle, please let me know—we would greatly appreciate the support. Our most recent fundraiser, the Spades Tournament, raised \$542.00. Our current committee balance is \$6,956.90. We are also in the planning stages of another fundraiser scheduled for May 2026. The theme will be “Clubbin’ in Recovery,” bringing people together to enjoy music and dress in their best outfits from the 80s, 90s, and 2000s. More details will be shared as planning continues. We are looking forward to another amazing convention and appreciate the continued support and involvement from the Area. In gratitude and service,  
Aaron

## HOSPITALS AND INSTITUTIONS

Greetings Area from the H&I subcommittee and workshop. The Chair is Larry P., Vice Chair is Shannon W., and Secretary is Blair M. We meet every last Sunday of the month at 1:30pm with workshop leader David D. At this time we go into 14 facilities carrying the NA message to the addict who still suffer. We have 1 facility, the Lighthouse, we are trying to get on board. The panel leaders and the H&I family is doing a wonderful job. Thank you Area.

## LITERATURE COMMITTEE

Good afternoon Family, listed below is the accounting of deposits and withdrawals since 11/16/25:

11/17/25---deposit-\$1480.75	\$2017.10
11/18/25 CC-\$742.36 (NA Lit-order)	\$1274.74
12/08/25---deposit-\$195.00	\$1469.74
12/10/25 deposit \$203.00	\$1672.74
12/10/25 CC \$1376.13 (NA Lit order)	\$296.61
12/12/25 deposit \$51.00	\$347.61
12/22/25 deposit \$320.00	\$667.61
12/31/25 CC- \$606.73 (NA-Lit-order)	\$60.88
01/02/26 deposit \$70.00	\$130.88
01/07/26 deposit \$110.00	\$240.88
01/15/26 deposit \$159.00	\$399.88

### Totals

Beginning Balance -	\$536.35	
<u>Deposits -</u>	<u>\$2588.75</u>	
Total		\$3125.10

### Expenses

Total Credit Card	-	\$2725.22
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Checking Account balance -	\$399.88
<u>Cash</u>	<u>\$53.61</u>
Total	\$453.49

Inventory Summary \$9068.85

Thanks for allowing me to be of service to the fellowship. In loving service, Kelly M

## **PUBLIC RELATIONS**

Greetings from the Public Relations Subcommittee. The Public Relations Subcommittee has continued to meet on the second Sunday of each month. I have assumed the role of PR Subcommittee Chair and am grateful to be here. PR plans to set up a booth next month on Saturday, February 14th at a Sweetheart Ball put on by new women's house in North Little Rock. In December, the PR Subcommittee members conducted an extensive flyer hanging event in Little Rock. Subcommittee members posted NA Hotline Flyers at a number of locations throughout the city. PR Subcommittee members plan on doing outreach at local high school counseling offices and will provide informational pamphlets as needed. PR Subcommittee has had no expenses since the last area meeting. The PR Subcommittee bank account balance is \$157.18. We are holding \$247.19 cash. The total funds held by the PR Subcommittee at this time is \$404.37. To build up PR funds to fund upcoming events and projects, we are asking Area for our budget allowance at this time, which is \$250. This is all I have for recent PR Subcommittee activity. I truly appreciate the opportunity to serve. Respectfully, Jimianne B.

## **OLD BUSINESS**

None

**Recess—20 minutes**

## **OPEN SHARING**

None

## **ELECTIONS AND RESIGNATIONS**

### **RESIGNATIONS**

None

### **ELECTIONS**

H&I – Larry P. nominated and Sarah E. nominated. Nominations closed and referred to Groups. Sarah E. elected.

### **NOMINATIONS**

Outreach – Curtis M. nominated. Nominations closed, but nominee was not present to be elected in November and remained nominated. Nominee again is not present. Nominations reopened. Brad G. nominated. Nominations remain open.

### **Service Resume for Brad G.**

*Clean Date*–02/25/25; *Current Service Commitments*–panel leader for H&I and Alternate GSR; *Prior Service Commitments*–only those I currently hold; *Experience in Position being nominated*–I travel to facilities all over taking the message to the addict who can't get the message; *Service Commitments Resigned or Impeached*–None; *Reason I can and want to serve the fellowship*–I am excited to be of service helping every addict I can that still suffers.

Chair – Victoria W. automatic nomination. Nominations closed and Referred to Groups for a Vote of Acclamation.

Vice Chair – No nominations. Nominations remain open.

Treasurer – No nominations. Nominations remain open.

Literature Chair – No nominations.

## **REGIONAL BUSINESS**

None

## **UPDATED TREASURER'S REPORT**

Beginning Working Balance	\$2,594.36
Group Donations	\$405.37
Turnovers	\$427.80
• Activities \$427.80	
Return(s) of Budget(s)	\$0.00
• N/A	
Budgets Given	(\$1,050.00)
• H&I (\$250.00)	
• PR (\$0.00)	
• RCM (\$400.00)	
• RCMA (\$400.00)	
Reimbursements	\$0.00
Money Motions	(\$0.00)
Updated Balance	\$2,377.53

## **NEW GROUPS**

None

## **NEW BUSINESS**

None

## **ANNOUNCEMENTS**

- Convention Meeting: first Sunday at the month at 1:30pm (Recovery Central)
- H&I Workshop: Last Sunday of the Month at 1:30pm (Recovery Central)
- H&I Committee and Panel Leaders meeting: last Sunday of the month at 1:30pm (Recovery Central)
- Public Relations Committee Meeting: 2nd Sunday of each month at 1:15pm (Recovery Central)
- Hope Without Dope needs support at their noon on Tuesdays.
- Just for Today needs support – new group in Sheridan.
- Who We Are needs support, particularly on Thursday.
- Square Base needs support.
- 2/8/26 from 4-9pm – Recovery Bowl hosted by the Convention Committee
- 2/20/26 from 5-10pm – Resentment Burn at Woolley Hollow State Park hosted by Square Base
- 2/21/26 from 6-10pm – Fat Saturday hosted by the Activities Committee
- 2/22/26 @ 5:30pm – No Matter What Birthday Bash and Spaghetti Dinner
- 2/28/26 @ 1:30pm – Treasurers Workshop

## **REVIEW OF INFORMATION GOING BACK TO GROUPS**

Nominations needed for Outreach Chair, Vice Chair, Treasurer, and Literature Chair. Vote of Acclamation for Chair. *Note: There is a 1 year clean time requirement for all positions except the Area Treasurer which requires 2 years clean.*

**NEXT ASC MEETING**

March 22, 2026, at 1:30pm, Recovery Central, 1305 W. Markham, hosted by Recovery in the Daylight

**Upcoming ASC Meetings**

- May 17, 2026 – Regardless of Age
- July 19, 2026 – Square Base
- September 20, 2026 – Together We Can
- November 22, 2026 – Vision of Hope

**NEXT RSC MEETING**

- February 7-8, 2025 – Northwest Arkansas Area (Rogers)
- May 2-3, 2025 – Ouachita Area

**SCHEDULED WORKSHOP**

2/28/26 @ 1:30pm - Treasurers Workshop

**FINAL TREASURER’S REPORT**

Updated Balance	\$2,377.53
Less Prudent Reserve	(\$1829.34)
Balance Less Prudent Reserve	\$548.19
Regions Donation (10%)	\$54.82
Southern Zonal Forum (10%)	\$54.82
NAWS Donation (10%)	\$54.82
Ending Working Balance	\$2,213.07
Balance Over Prudent Reserve	\$383.73

ILS, David D.

**AREA WEBSITE: CAASC.ORG; REGIONAL WEBSITE: ARSCNA.ORG  
POST EVENTS ON THE WEBSITE – CLICK THE ‘SUBMIT YOUR EVENT’ BUTTON. OR SEND  
INFO AND FLYERS TO OUR AREA WEBSERVANT: [jennadavis@sbcglobal.net](mailto:jennadavis@sbcglobal.net)**

**CLOSING**

Meeting closed at 3:26pm with the Serenity Prayer.



# NWAANA HOSTS ARKANASAS REGIONAL SERVICE COMMITTEE MEETING

FEBRUARY

7-8

2026



115 N DIXIELAND RD #1, ROGERS, AR  
CONTACT: CRYSTAL S 479-657-3650

## *Schedule* Saturday

Regional Workshop- Guidelines Changes: 10:30AM

RSC begins: 12 PM

Lunch: Served during meeting

Sunday

RSC Admin: 9 AM

RCS Meeting: 10AM

## *Near by Hotels*

Hilton Garden Inn Rogers/Bentonville

Hampton Inn and Suites Rogers/Bentonville

Embassy Suites

**6TH ANNUAL CAACNA**  
**RECOVERY**  
**BOWL**



**SUNDAY FEBRUARY 8**

**4:00 PM - 9:00 PM**

**701 W 47<sup>TH</sup> ST, N. LITTLE ROCK, AR**

**\$20 REGISTRATION FEE AND 1 SQUARE**

**T-SHIRTS \$20**

**ADDITIONAL SQUARES COST \$10 EACH**

**KICKOFF @ 530 PM**

**RAFFLE PRIZES EVERY QUARTER!**

**SHOW OFF YOUR BEST CHILI!**

**DONATIONS ACCEPTED**

**NO ADDICT TURNED AWAY**

Central Arkansas Area of Narcotics Anonymous Activities Committee



# FAT SATURDAY

“Now We Are Doing Much More Living Than Surviving”

**Saturday, February 21st 6pm-10pm**

**924 Main St. Little Rock, AR 72202**

## Speakers

Michael G. & Brian F.

## Cajun Cook-Off

Bring your Best Cajun Dish For a Chance to Win a  
Registration to Ozark Mountain High 2026

## Play For Prizes

Buy Tokens and Play Games Like Left Right  
Center and Hi Lo Flip to Win Exciting Prizes

## H&I Book Drive

Donate Your Gently Used NA Literature or Buy  
New for Addicts Recovering in Hospitals &  
Institutions

**\$6  
Suggested  
Donation**

**No Addict  
Tuned Away**

