

Central Arkansas Area Service Committee Minutes September 21, 2025

OPENING

The meeting opened at 1:30pm by Jennifer N. with a moment of silence followed by the Serenity Prayer. The Twelve Traditions were read by Stacey, Darryl, read the first two paragraphs of Tradition Two, and Erin A. read the definition and purpose of ASC were each read aloud by trusted servants.

ROLL CALL (presence Reports / presence for New Business)

ADMINISTRATIVE COMMITTEE

Chair	Jennifer N.	PRESENT / PRESENT
Vice Chair	Victoria W.	PRESENT / PRESENT
Secretary	Jennifer D.	PRESENT / PRESENT
Treasurer	David D.	ABSENT / ABSENT
RCM	Amanda V.	PRESENT / PRESENT
RCM Alternate	Shanon A.	PRESENT / PRESENT

SUBCOMMITTEES

Activities	Cassandra C.	ABSENT / ABSENT
Convention	Chad M.	PRESENT / PRESENT
H&I	Larry P.	PRESENT / ABSENT *
Literature	Kelly M.	PRESENT / PRESENT
Outreach	Curtis M.	PRESENT / PRESENT
PR	Lori P.	PRESENT / PRESENT

GSR'S

Alive and Free	Megan J.	PRESENT / PRESENT
Clean & Serene	Ashley C.	PRESENT / PRESENT
Hope Without Dope	Sarah E.	PRESENT / PRESENT
Just for Today	Lauren B.	ABSENT / ABSENT
No Matter What	Ashley C.	PRESENT / PRESENT
One Disease One Program	Erin A.	PRESENT / PRESENT
Recovery in the Daylight	Destiny B.	ABSENT / ABSENT
Regardless Of Age	James. A.	PRESENT / PRESENT
Together We Can	Heather G.	PRESENT / PRESENT
Vision of Hope	Billy H.	PRESENT / PRESENT
Who We Are	Stephanie W.	PRESENT / PRESENT

* 3rd absence

ADMINISTRATIVE COMMITTEE REPORTS

ADMINISTRATIVE COMMITTEE REPORT

The Administrative Committee met this morning to discuss potential items being brought today. Also it was noted that the Convention Chair position did not get opened in May as it should have, so it will be opened today.

SECRETARY'S REPORT

Minutes from July read. Motion to accept. Passed.

TREASURER'S REPORT

PO Box Report

- 2 Area bank statements
- 2 Activities bank statements
- Activities change in debit card notification letter
- 1 Convention bank statement
- 1 Certified Copier bill
- 2 Answerfone bills

Beginning Treasurer's Report

Last ASC Ending Balance (\$133.15)

Bills Paid - Cleared

- #2742 F.O.R - \$50.00
- #2745 Answerfone - \$127.09
- July Statement Fee - \$5.00
- DC USPS - \$244.00
- #2746 Certified Copier - \$76.04
- #2748 Shanon A (RCMA) - \$400.00
- #2749 F.O.R - \$50.00
- August Statement Fee - \$5.00
- #2750 Answerfone - \$127.09
- #2751 Answerfone - \$127.09

Outstanding Bills

- September Statement Fee - \$5.00

Deposits - Cleared

- 8/1 (July ASC) - \$440.44

Deposits - Outstanding

Reconciled Bank Statement \$1382.01

GROUP REPORTS

ALIVE & FREE

We continue to meet on the second and fourth Sundays at 4pm at Recovery Central. We are a literature based meeting and slowly reading Guiding Principles and having a conversation based meeting. We could use support, the traditions are awesome. Thanks, Megan J

CLEAN AND SERENE

Hello family! It's another day in the life of Narcotic Anonymous and all is well at Clean and Serene. We meet every Thursday and Friday night from 7:30 to 8:30 at Recovery Central. Our business meeting takes place at Recovery Central as well on the second Friday each month. We continue to average 20 to 25 people. Birthdays are celebrated on the first Thursday each month, and this month we are celebrating Cindy J. with three years of clean time. If you wish come enjoy some cake and a clean time count down with us! In loving service Ashley C.

HOPE WITHOUT DOPE

Hello! Hope Without Dope continues to carry the message to addicts in Saline County.

Sarah E. reporting as GSR. My email address is Sarah.hocotts@gmail.com

We meet in person at 510 N. East St on Monday, Thursday, and Friday at 7:30pm, and 12:00 noon every Tuesday every week. Please come out and support and tell your friends.

Our GSRA is Tahirih M. Her email is tahirih.macklin@gmail.com

Our average meeting attendance has been 16.

We have two donations from July and August for Area totaling \$956.00

We have speaker and date night every first Friday of the month, where we feature a speaker meeting and go for an outing after the meeting--usually ice cream! This time it will be Friday October 3rd.

We are also excited to announce we will be having a super fun, entertaining Christmas Party on December 6th, featuring a potluck dinner where we ask you brings sides and desserts, speaker at 7, and dirty santa at 8. Wear Christmas pajamas!! Come join us for fun and fellowship.

NO MATTER WHAT

Hello, fellow addicts! Greetings from No Matter What! Our group meets every Thursday and Sunday at 7:30 PM at Levy United Methodist Church (701 West 47th Street, North Little Rock). On the last Sunday of each month, we hold a business meeting at 6:30 PM before the speaker meeting.

Attendance:

- Thursdays: ~40 members
- Sundays: 60~80 members

Recent Celebrations:

- Steven D. – 2 years (8/2)
- Jeremy H. – 4 years (8/18)
- Seth R. – 2 years (9/1)
- Abi B. – 2 years (9/6)
- JD S. – 7 years (9/9)

Group Updates:

- We contributed \$100 to Area this month.
- I have chosen to step down as General Service Representative. Pending our home group approval, we have a strong candidate ready to step into the role.
- I will continue my service journey as the new Co-Chair of the Convention Committee for the upcoming year and look forward to the growth and opportunities ahead.

As always, thank you for allowing me to be of service. In gratitude, Ashley C.

O.D.O.P

Hello Family, One Disease One Program has been doing well. We have 2 new members join, bringing our homegroup total to a whopping, whole ass, 9 recovering addicts. We've celebrated Josh M. with 1 year clean and Dylan K and Phillip R with 6 months clean. Meeting attendance has increased on Mondays and Wednesdays. We could use support on Fridays. Meetings have still been hybrid, with no changes to schedules. We have a donation for area this month. Thank you for allowing me to be of service, Erin A. - GSR

RECOVERY IN THE DAYLIGHT

Hello from RITD, I apologize for not being there in person to give my report. RITD is doing well—we continue to meet 7 days a week at 12pm at 1305 W. Markham. Our monthly business meeting is held the second Saturday of the month, following our regular meeting. We also host a Birthday Meeting on the last Saturday of each month. This month, we will be celebrating Olivia K. and Winona W., both with 2 years. In Loving Service, Destiny B.

REGARDLESS OF AGE

Good afternoon everybody. All is well at ROA. We continue to meet on Wednesdays at 7:30pm and Fridays at 9:30pm at the Unitarian Universalist Church at 1818 Reservoir Road. Since our last Area, we celebrated: Drew F. (15 years) and Amanda F. (15 years). This month we are celebrating Anthony L. (23 years), Hank S. (15 years), Josh D. (13 years), Zach G. (2 years), and Kevin M. (1 year). We have a \$100 donation for Area. In loving service, Addict named James.

TOGETHER WE CAN

My name is Heather and I'm an addict. I am the alternate GSR for TWC. MiKayla R - newly elected GSR but she was unable to attend. We continue to have a large home group with 30 members. We have meetings on Monday and Tuesday night at 730 pm at RC. Our attendance averages 40-60 people on both nights we meet. We are celebrating upcoming birthdays for Robyn 3 years, MiKayla 3 years, and Dana's 34 years. We are still discussing about hosting our annual TOGETHER WE DINE but if we do end up hosting it, it will be on Tuesday Nov. 25th. That's all I have. Thanks for allowing me to be of service

VISION OF HOPE

Hello family and friends, from Vision of Hope. All is well at our meetings and we have had several white key tags and birthdays since the last Area. Our attendance has been averaging between 20-35 each night. We meet every night at 7:00pm except on Wednesdays and Sundays. Our birthday night is the last Saturday of the month with a potluck at 6pm followed by a speaker at 7:00pm. We have two \$100 donations for Area. Thanks for allowing me to be of service. Bill H.

WHO WE ARE

Greetings family, We meet 7 days a week. We could use support at our meetings. We celebrated 2 birthdays. Patty B.-15 years and Tyler C. -2 years. Due to unfortunate series of events we do not have a donation today. We have book study on Wednesdays for anyone who would like to attend. The 18th Anniversary of our group is November 1st. Thank you allowing me to be of service. Stephanie W.

RCM Report

Hey everyone, As you can see, the Regional Service Committee has created a one-page "What's Going On?" handout for us to bring back to our areas and groups. This is so that interested members can have a better understanding of exactly what is going on at the Regional, Zonal, and World levels. To keep things brief, I want to point out a few sections of this handout so that we all have a complete understanding to relay to our groups.

- In the *Worldwide News* section there is contact information for both our Regional Delegate and Alternate Delegate, as well as a QR code to access their full report from attending the last Southern Zonal Forum. This QR code will take you to <https://arscna.org/rdupdate/>.
- Available service opportunities at the Region and World levels are detailed in the *Want to Get Involved?* section in the top right. SZF service opportunities are listed in the bottom right section labeled *Get Involved with Southern Zonal Forum*.
- The section labeled *ARSCNA Current Projects* details what the RSC is actively working on. At the moment, this includes the Basic Texts for Jails project, which you have an additional meeting flyer for if you would like to participate, and the Liability Insurance project.
- The most important section will always be the *Back to Groups!* section in the bottom left. These are the items that RCMs will add to Area Open Discussion, Motions, and ask for your feedback on. As you can

see, we have a discussion topic to bring back, two nominations to vote on, a motion to vote on, updates about both Regional projects, information for the next Regional meeting, and a request for literature input from WSC. Do you all have any questions about anything on this handout right now?

Finally, I would like to thank you all for allowing me to be of service to this area, both in the RCM position and all other service positions that I have held before. This will be my last Area Meeting for a while, should Shanon get elected into the RCM position today. This is a shock, as I have been to all but a few ASC meetings since I had about 2 years clean! I appreciate the love for the program that you all bring when coming together. In loving service, Amanda V.

SUBCOMMITTEE REPORTS

ACTIVITIES REPORT

1. Regular Activities Committee Meetings

Regularly Scheduled Activities Committee meetings are held monthly every 2nd Sunday at 2:30 PM. The committee meetings are hybrid and accessible in person at Recovery Central or via Zoom (Meeting ID: 586 075 8942 Password: NAFun2025). The committee met on August 10 and September 14. Discussions at both meetings involved planning for the upcoming 41st Annual Ozark Mountain High retreat. The contract was signed and submitted to Trinity Camp. The committee discussed pricing, registration, speakers and activities, determined the theme, set the itinerary, etc. The registration form is available online at <https://forms.gle/v4QHLCd8PGXZyeXHA>. Registration fees increased \$5 at the event. We will have long-sleeve t-shirts available for purchase, as well as trucker hats. Please pre-register and encourage others to pre-register! This will greatly assist the committee in being good stewards of NA funds and resources. A copy of the full itinerary is attached and we hope to see everyone there for an amazing weekend.

2. Funds

Our treasurer is out of the country, but I believe sent a report separately. We have spent no funds since our last itemized treasury report. Our current balance is \$1,649.78, less our prudent reserve of \$800.00, gives us a working balance of \$849.78. Please accept my apologies for my absence today. I had a major surgery on September 10 and I am still recovering and working to regain my energy.

In loving service, Cassandra C.

CONVENTION COMMITTEE

CAACNA XXXVII was an incredible success! Held August 8–10 at the Hilton Garden Inn in Little Rock, we welcomed 247 registered members representing a total of 1,625 years of clean time. The weekend was filled with powerful speakers, heartfelt workshops, and fellowship that truly brought our theme “I Can’t, We Can” to life. Every workshop was recorded and is now available on Star Recording’s website for anyone who wants to relive the experience. Financially, the convention brought in \$13,493 through registration (\$6,917.83), silent auction (\$3,590), convention shirts (\$1,724.81), raffle tickets (\$732.76), and donations (\$527.60). After hotel expenses, our bank balance was \$14,545.38. We are setting aside \$7,500 as seed money for next year, and will be donating \$7,045.38 back to the Area. With gratitude and service, Chad

HOSPITALS AND INSTITUTIONS

Greetings Area from the H&I subcommittee and workshop. The Chair is Larry P., Vice Chair is Shannon W., and Secretary is Blair B. We meet every last Sunday of the month at 1:30pm with workshop leader David D. The next one is September 28th. I’m proud to say that we have taken on two new facilities – Hoover House (co-ed) at 3604 W. 12th Street, Little Rock and Jericho Way (co-ed) at 3000 Springer Blvd., Little Rock. I would like to thank the H&I family for all they do (a good job) and thank you Area.

LITERATURE COMMITTEE

Good afternoon Family;

Listed below is the accounting of deposits and withdrawals since 07/20/25

07/21/25---deposit-\$866.00 \$1476.19

07/23/25 deposit \$5.00 \$1481.19

07/23/25 CC \$1478.60 (NA Lit order) \$2.59

08/04/25---deposit-\$260.00 \$262.59

08/11/25---deposit-\$512.50 \$775.09

08/13/25 CC-\$680.21 (NA Lit-Order) \$94.88

08/19/25 deposit \$284.00 \$378.88

08/28/25 deposit \$229.00 \$607.88

09/11/25 deposit \$261.00 \$868.88

09/17/25 deposit \$70.00 \$938.88

09/17/25 CC \$739.28 (NA Lit order) \$199.60

Totals

Beginning Balance - \$610.19

Deposits - \$2487.00

Total \$3097.19

Expenses

Total Credit Card - \$2898.09

Checking Account balance - \$199.60

Cash \$47.36

Check Clean & Serene 1051 \$83.05

Total \$330.01

Inventory Summary \$8989.86

Thanks for allowing me to be of service to the fellowship. In loving service, Kelly M

OUTREACH

Hello family, all is well with Outreach, I have started a Facebook group called Central Arkansas Outreach 2025 so everyone who wants to participate will be on the same page . Outreach has gone to the R.I.T.D ,Together We Can, No Matter What, Living Clean, Who We Are, Hope Without Dope, Seeking Solutions to help carry the message of Narcotics Anonymous and show some support. In Loving Service Curtis M.

PUBLIC RELATIONS

Greetings from the Public Relations Subcommittee. The Public Relations Subcommittee has continued to meet on the second Sunday of each month. PR set up a booth at the 6th Annual Bridge the Gap event by the Hope Movement Coalition on Saturday, August 23rd, and at the Drug Overdose Awareness Day event by Magnolia Recovery on Saturday, September 20th. PR will be setting up a booth at the 2025 Recovery Reclamation Event by We Hear You, Inc. to take place on Friday, September 26th, the 21st Annual Recovery Jam to take place on Monday, September 29th, and at the 5th annual Pulaski County Sheriff's Office Fall Festival on Saturday, October 25, 2025. The PR Subcommittee would love to have some additional volunteers who would be available to sit at the NA booth for these events. If this is something you or someone you know might be interested in, we could definitely use the help! Since the last Area meeting, PR has provided informational pamphlets and meeting lists to Sober Living, We Hear You, Inc., and Magnolia Recovery. Since the last Area meeting, the PR Subcommittee has paid vendor fees for August and September events in the amount of \$300. We have also spent \$7.58 on candy for the NA booth at Wal-Mart. After all checks clear for all events that PR has paid to be a vendor for in August and September, the PR Subcommittee bank account balance should be \$95.43. Our last bank statement, dated August 29, 2025, reflects an account balance of \$400.43. Please note that our bank fees are \$10.00 per month. We are holding \$176.19 cash. The total funds held by the PR Subcommittee at this time, after all checks clear, is \$271.62. PR needs to place a literature order. Doing so will put us below our prudent reserve, which is \$92.10 for one month of operations. Consequently, we are asking Area for our budget allowance at this time, which is

\$250. This is all I have for recent PR Subcommittee activity. I truly appreciate the opportunity to serve. Respectfully, Lori P.

OLD BUSINESS

None

Recess—20 minutes

OPEN SHARING

- Discussion of increased expenses, desire to raise budgets, but group donations only cover 36% of our annual costs.
 - Prudent reserve is \$1,829.24 making annual operating expenses of \$10,976.04.
 - Group donations for the last year (September 2024 – July 2025) totaled \$3,951.72 which is only 36% of the annual operating expenses.
 - Turnovers from Activities and Convention for the last year (September 2024 – July 2025) totaled \$4,742.78.
 - Group donations + turnover for the previous year totaled \$8,694.50 which is only 79% of the annual operating expenses.
 - Additionally, for the previous year, the Area donated \$1,802.38 to the Arkansas Region, \$1,802.38 to Southern Zonal Forum, and \$1,134.99 to NAWs.

**Motion to close open sharing early. Passed.*

ELECTIONS AND RESIGNATIONS

RESIGNATIONS

None

ELECTIONS

RCM – Shanon A. automatic nomination. Shanon A. elected by Vote of Acclimation.

NOMINATIONS

Secretary – Jennifer D. nominated. No other nominations. Motion to close nominations. Passed. Referred to groups.

Service Resume for Jennifer D.

Clean Date–07/28/1997; *Current Service Commitments*–Area secretary, Regional vice chair; *Prior Service Commitments*–Area secretary (multiple times), area vice chair, area chair, activities chair, convention chair, regional secretary, GSR, home group service, committee member; *Experience in Position being nominated*–Currently serve as secretary and have been the secretary multiple times, can type, I’m organized, and have an understanding of NA service; active NA involvement in service and as a whole; *Service Commitments Resigned or Impeached*–None; *Reason I can and want to serve the fellowship*–I like giving back to the fellowship and want to stay in the middle of the boat.

RCM Alternate – Chad M. and Stacey F. nominated. No other nominations. Motion to close nominations. Passed. Referred to groups.

Service Resume for Chad M.

Clean Date–12/22/2021; *Current Service Commitments*–convention chair and secretary of TWC; *Prior Service Commitments*–None listed; *Experience in Position being nominated*–Knowledge of the 12 Traditions; active NA involvement in service and as a whole; *Service Commitments Resigned or Impeached*–None listed; *Reason I can and want to serve the fellowship*–I can serve because I’ve been shown how. I want to serve because it helps me stay grateful, grounded, and growing.

Service Resume for Stacey F.

Clean Date–06/29/2016; *Current Service Commitments*–I chair meetings and I currently serve in my homegroup as secretary; *Prior Service Commitments*–GSR/Alt GSR, Area Secretary (4 years here), and Group Treasurer; *Experience in Position being nominated*–I have spent many years attending area meetings; *Service Commitments Resigned or Impeached*–Never; *Reason I can and want to serve the fellowship*–I love carrying the message. Service is an important part of my program. I want to give back. This is a way for me to get back involved.

Activities – Zach G. Nominations remain open. No other nominations. Motion to close nominations. Passed. Referred to groups.

Service Resume for Zach G.

Clean Date–08/28/2023; *Current Service Commitments*–homegroup treasurer; *Prior Service Commitments*–convention treasurer, convention chair, homegroup secretary, homegroup GSR; *Experience in Position being nominated*–As convention treasurer and chair, I have participated in planning and executing events to raise funds; *Service Commitments Resigned or Impeached*–I resigned my homegroup treasurer position in 2022; *Reason I can and want to serve the fellowship*–I have the skills and experience necessary to be an effective trusted servant. Service work has been a crucial part of my recovery and a way for me to be of service to carry the message.

Convention – Aaron M. nominated. No other nominations. Motion to close nominations. Passed. Referred to Groups.

Service Resume for Aaron M.

Clean Date–10/2/2017; *Current Service Commitments*–co-chair of the Convention Committee; *Prior Service Commitments*–GSR of No Matter What; *Experience in Position being nominated*–Been a part of the convention committee for the past year; *Service Commitments Resigned or Impeached*–GSR position vacated by resignation; *Reason I can and want to serve the fellowship*–Wanting to be a part of service and give back to the fellowship that saved my life.

H&I – No nominations. Nominations remain open.

Outreach – Curtis M. nominated. No other nominations. Motion to close nominations. Passed. Referred to groups.

Service Resume for Curtis M.

Clean Date–05/12/2014; *Current Service Commitments*–Area Outreach chair; *Prior Service Commitments*–RITD GSR and GSRA, VOH GSR and GSRA, Who We Are treasurer, BridgeWay panel leader, area Literature chair; *Experience in Position being nominated*–current Outreach chair; *Service Commitments Resigned or Impeached*–None; *Reason I can and want to serve the fellowship*– To help carry the message and support NA in our area as a whole

Public Relations Chair – Jimianne B. nominated. No other nominations. Motion to close nominations. Passed. Referred to groups.

Service Resume for Jimianne B.

Clean Date–08/10/2021; *Current Service Commitments*–H&I 3 times a week; *Prior Service Commitments*– N/A; *Experience in Position being nominated*–Helped with PR booth at several events. Not afraid to ask for help and reach out; *Service Commitments Resigned or Impeached*–N/A; *Reason I can and want to serve the fellowship*– I want to spread the message and help others save their life like NA has helped me save mine.

REGIONAL BUSINESS

Does your area want RSC to buy and mail a physical copy of the CAR Report? *Consensus was no, electronic copy only.*

Motion M2025-08-04: Add phone line orientation packet created by Communications Coordinator to the RSC Website.

Elections -

- **Angie F. - FUACNA - RSC Secretary in Training**
 - Previous service positions: Area Secretary (multiple times), Activities Chair,
 - Literature Chair, RCM, RCMA, H&I Panel Leader and member, GSR (multiple times)
 - Other current service commitments: RCM
 - Service positions vacated by resignation or impeachment: Area Secretary due to relapse
 - Experience in area of service for which nominated: I have been the Area Secretary multiple times and have secretary skills obtained through work experiences over the years.
 - Clean Date: 10/12/23
 - Why nominee can and wants to serve the fellowship: Willing to serve and love our fellowship
- **Crystal S. - NWAANA - RSC Treasurer in Training**
 - Previous service positions: Homegroup Treasurer, Area HIPPR Chair, RCM, RCMA, Secretary
 - Other current service commitments: Various Ad Hocs, H&I, Sponsor, RCM
 - Service positions vacated by resignation or impeachment: None
 - Experience in area of service for which nominated: Previous Treasurer experience
 - Clean Date: 1/1/16
 - Why nominee can and wants to serve the fellowship: I love serving and learning.

UPDATED TREASURER'S REPORT

Beginning Working Balance	\$1382.01
Group Donations	\$1596.39
Turnovers	\$7045.38
Return(s) of Budget(s)	\$282.00
Budgets Given	(\$900.00)
• H&I (\$250.00)	
• PR (\$250.00)	
• RCM (\$400.00)	
• RCMA (\$0.00)	
Reimbursements	\$0.00
Money Motions	(\$2600.00)
• M1-092125 (\$2500.00)	
• M2-092125 (\$100.00)	
Updated Balance	\$6805.78

NEW GROUPS

- Seeking Solutions would like to rejoin the Area. They meet on Mondays at 6:30pm.
- Square Base – new group starting in Morrilton. Meetings are Mondays and Fridays at 7pm at the Coffee Bean.

NEW BUSINESS

M1-092125. **Referred to Groups.** Increase convention seed money from \$7,500 to \$10,000 in area guidelines.

Intent: To responsibly cover rising costs and ensure the stability of our growing convention.

M2-092125. **Passed.** To give new group, Square Base, \$100 literature credit. **Intent:** To support a new group.

M3-092125. **Referred to Groups.** To change the Area donation amounts to reflect the following: 0% to World, 0% to Zonal, and 10% to Region. **Intent:** Better stewardship of Area funds.

ANNOUNCEMENTS

- Activities Committee Meeting – 2nd Sunday of the month at 2:30pm via Zoom
- Convention Committee Meeting – 1st Sunday of the month (Recovery Central)
- H&I Workshop: Last Sunday of the Month at 1:30pm (Recovery Central)
- H&I Committee and Panel Leaders meeting: last Sunday of the month at 1:30pm (Recovery Central)
- Public Relations Committee Meeting: 2nd Sunday of each month at 1:15pm (Recovery Central)
- Auction items needed for Activities committees
- Breaking the Cycle needs support. Meetings are on Saturdays at 6pm at Wolfe Street.
- Hope Without Dope needs support at their new meeting at noon on Tuesdays.
- Just for Today needs support – new group in Sheridan.
- Living Clean needs support at its meetings.
- ODOP needs support. Meetings are hybrid: Zoom 8168970027 Password: ODOP
- Who We Are needs support, particularly on Tuesday and Thursday.
- Volunteers are needed to help with registration at the regional convention – contact Shanon A.
- WSC Literature Review & Input needed: <https://na.org/naws-projects-and-surveys/>
- October 3-5, 2025 – Ozark Mountain High campout. Register online at <https://forms.gle/v4QHLCd8PGXZyeXHA>.
- October 11, 2025 – FUACNA Recovery on the Water
- October 19, 2025 @ 1:30pm – Workshop – Sponsorship: Get a sponsor, Be a sponsor
- October 24-26, 2025 – ARSCNA Convention. Registration is open: <https://arscna.square.site/>
 - Regional convention is asking for financial donations.
- November 1st workshop at RSC will be a Phoneline Workshop.

REVIEW OF INFORMATION GOING BACK TO GROUPS

Votes needed for Secretary, RCM Alternate, Activities Chair, PR Chair, Convention Chair, and Outreach Chair. Nominations needed for H&I Chair. Votes for M1-092125 and M3-092125. Regional motion and elections need to be emailed to Shanon A (RCM) by October 26.

NEXT ASC MEETING

November 16, 2025, at 1:30pm, Recovery Central, 1305 W. Markham, hosted by No Matter What

Upcoming ASC Meetings

January 18, 2026 – ODOP

March 22, 2026 – Recovery in the Daylight

NEXT RSC MEETING

November 1-2, 2025 – Foothills Unity Area

February 7-8, 2025 – Northwest Arkansas Area

SCHEDULED WORKSHOP

October 19th at 1:30 – Sponsorship: Get a sponsor, be a sponsor

FINAL TREASURER'S REPORT

Updated Balance	\$ 6805.78	
Less Prudent Reserve	(\$1829.34)	
Balance Less Prudent Reserve	\$ 4976.44	
Regional Donation (10%)	\$ 497.64	
Southern Zonal Donation (10%)	(\$ 497.64)	– on hold pending M3-092105
Regional Donation (10%)	(\$ 497.64)	– on hold pending M3-092105
Ending Working Balance	\$ 5312.85	
Balance Over Prudent Reserve	\$ 3483.52	

AREA WEBSITE: CAASC.ORG; REGIONAL WEBSITE: ARSCNA.ORG

**POST EVENTS ON THE WEBSITE – CLICK THE ‘SUBMIT YOUR EVENT’ BUTTON. OR SEND
INFO AND FLYERS TO OUR AREA WEBSERVANT: jennadavis@sbcglobal.net**

CLOSING

Meeting closed at 3:49pm with the Serenity Prayer.

CENTRAL ARKANSAS ASCNA ACTIVITIES COMMITTEE PRESENTS OMH XLI
41st Annual Ozark Mountain High: "We are the message of hope."



FRIDAY, OCTOBER 3, 2025, 5:00 PM - SUNDAY, OCTOBER 5, 2025, 10:30 AM

CAMP TRINITY ON PETIT JEAN MOUNTAIN: 110 MONTGOMERY TRACE, MORRILTON, AR 72110

PLEASE BRING A SNACK, SIDE, AND/OR DESSERT TO SHARE FOR SATURDAY DINNER

****REGISTRATION REQUIRED FOR OVERNIGHT STAY****

PRE-REGISTRATION CUT-OFF IS SEPTEMBER 19, 2025

FEES:

- 1) BUNKHOUSE CABINS (1 WOMEN; 1 MEN; 1 MIXED/FAMILY)
PRE-REGISTRATION: \$65/person **ON-SITE REGISTRATION:** \$70/person
- 2) TENT CAMPSITE (NO WATER, NO ELECTRICITY.)
MAXIMUM of 2 Tents and 6 People per Site
PRE-REGISTRATION: \$35/tent/site **ON-SITE REGISTRATION:** \$40/tent/site
- 3) RV/TENT CAMPSITE + WATER & 30-AMP ELECTRICITY
MAXIMUM of 1 RV or 2 Tents and 6 People per Site
PRE-REGISTRATION: \$55/site **ON-SITE REGISTRATION:** \$60/site
- 4) DAY PASS ONLY (NO Lodging)
PRE-REGISTRATION: \$15/person **ON-SITE REGISTRATION:** \$20/person
- 5) PARTIAL ATTENDANCE (One Night Lodging/ One Day Pass)
PRE-REGISTRATION: \$40/person **ON-SITE REGISTRATION:** \$45/person

T-SHIRTS - \$25 (Shirt size guaranteed ONLY with pre-registration by September 19)

Full Registration includes 2 nights lodging and 4 meals (no t-shirt)

*****Bring your own bedding, pillow, towels & toiletries*****

Meals included with Registration (PLEASE BRING SIDES/DESSERTS/SNACKS)

SATURDAY: Continental Breakfast Continental Lunch BBQ Meat Dinner

SUNDAY: Continental Breakfast

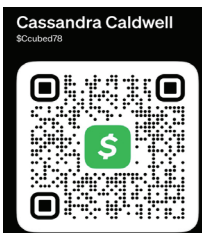
QUESTIONS?

Contact Cassandra C. at (918) 933-8286 or Jennifer B. at (501) 230-2122 or email to caractivitiesna@gmail.com

Cassandra Caldwell
@Ccubed78



venmo



Cassandra Caldwell



Scan to pay Cassandra Caldwell

ONLINE REGISTRATION LINK: <https://forms.gle/MmbapahQBxfVWxa8>

REGISTRATION TYPE: ****NOTE LETTER FOR PAYMENT****

	QTY		QTY
NAME _____	_____	A) BUNKHOUSE - Women (\$65/Person)	_____
CLEAN DATE _____	_____	B) PARTIAL Attendance - BUNKHOUSE - Women	_____
EMAIL ADDRESS _____	_____	One Night + Day Pass (\$40/Person)	_____
PHONE NUMBER _____	_____	C) BUNKHOUSE - Men (\$65/Person)	_____
	_____	D) PARTIAL Attendance - BUNKHOUSE - Men	_____
	_____	One Night + Day Pass (\$40/Person)	_____
	_____	E) BUNKHOUSE - Mixed/Family (\$65/Person)	_____
	_____	F) PARTIAL Attendance - BUNKHOUSE - Mixed/Family	_____
	_____	One Night + Day Pass (\$40/Person)	_____
	_____	T-Shirt	_____
	_____	Size(s)	_____
	_____	G) TENT Campsite - NO water/NO electricity (\$35/tent/site)	_____
	_____	MAX 2 tents/6 people/site	_____
	_____	H) PARTIAL Attendance - TENT Campsite (NO water/NO electric)	_____
	_____	One Night + Day Pass (\$40/Person)	_____
	_____	I) RV/Tent Campsite + Water & 30-Amp Electricity (\$55/RV/tent/site)	_____
	_____	MAX 1 RV/2 Tents/6 People/site	_____
	_____	J) PARTIAL Attendance - RV/Tent Campsite (Water & 30-Amp Electric)	_____
	_____	One Night + Day Pass (\$40/Person)	_____
	_____	K) DAY PASS ONLY (\$15/Person)	_____
	_____	NEWCOMER DONATION AMOUNT	_____

****PAYMENT OPTIONS:**

1) USE ABOVE QR CODES FOR CASHAPP, VENMO, OR PAYPAL ****SELECT FRIENDS/FAMILY PAYMENT OPTION****

MUST INCLUDE IN SUBJECT/FOR LINE:

- 1) FULL NAME
- 2) REGISTRATION TYPE (A-K FROM ABOVE LIST)
- 3) T-SHIRT QUANTITY
- 4) T-SHIRT SIZE
- 5) NEWCOMER DONATION AMOUNT (IF APPLICABLE)

2) CASH TO JENNIFER B OR CASSANDRA C NO LATER THAN SEPTEMBER 19 - USE CONTACT PHONE NUMBERS LISTED ABOVE

3) CHECK/MONEY ORDER PAYABLE TO "CAASCNA Activities Committee" DELIVERED TO JENNIFER B OR CASSANDRA C NO LATER THAN SEPTEMBER 19

BREAKING NEWS

• CAASCNA Activities • • Petit Jean • • October 3-5, 2025 •

OZARK MOUNTAIN



HIGH XLI



WE ARE THE MESSAGE OF HOPE



ONLINE
REGISTRATION

WEEKEND
ITINERARY



OCTOBER 3-5, 2025

CAMP TRINITY
110 Montgomery Trace
Morrilton, AR 72110

FUACNA

hosting

Regional Service Committee Meeting

November 1-2, 2025

509 East Race Street #5

Searcy, AR



Saturday

10:00 Phoneline Workshop

11:30 Lunch provided

1:00 RSC Meeting-Day 1

- Afterwards – Dinner on your own & some of us will load up to attend Vision of Hope's Halloween function in Batesville (begins @ 6:30)

7:30 Regularly Scheduled Meeting@ Recovery Connection

Sunday

9:00 Admin Meeting

10:00 RSC Meeting-Day 2

Nearby Hotels

Best Western Plus

Hampton Inn

Holiday Inn Express & Suites

Microtel Inn & Suites

LaQuinta Inn & Suites

Quality Inn & Suites

For more information

contact Angie F.

501-281-5440





November 1st

NA HALLOWEEN RECOVERY PARTY

~~Nov 1st~~ ~~Oct 26th~~ 6:30pm-10:30pm

Food 🎃 Pinata 🎃 Hay Ride

8:30p Campfire Meeting

9:30p Haunted Trail

~~10:15p Dance of the Dead~~

50/50 RAFFLE

295 Moore Circle, Charlotte

More Info - Chris B.

870-351-1593

Costumes Encouraged!!





ARKANSAS REGION OF NARCOTICS ANONYMOUS WHAT'S GOING ON?

That no addict seeking recovery need ever die from the horrors of addiction without knowing that there is a better way of life

Want to get involved?

Worldwide News

A Message from Your Delegate Team

- The Fellowship Development committee has received requests for literature from 5 women in Arkansas! All 5 have received Step Working Guides and 3 are working steps via mail - see below for how to get involved!
- World Unity Day is coming up on September 6th! See the events page for more details.
- The Southern Zonal Forum has a workgroup investigating the impact of racism in the SZF. Look for more info and ways to get involved coming soon!
- To see the full report from your delegate team, scan the QR code!

Alicia A. Regional Delegate (754) 422-0403
star m. Alternate Delegate (501) 322-9362



Multi-Zonal Service Symposium October 1-4, 2026 Wichita, KS

- Planning committee meets the 3rd Wednesday of month at 6:30p. You can join the meeting by clicking on the link on the front page of the website <https://mzssna.org>.
- Some positions are still open and all committees are open. Anyone - **yes YOU** - can join in for the planning

It's a convention focused on service and topics being discussed **worldwide!**

Back to Groups!

- Does your area want RSC to buy and mail a physical copy of the CAR Report? Bring back the November RSC Meeting. It will be printable and available to all online for no cost.
- Elections:
 - Angie F. for Secretary in Training
 - Crystal S. for Treasurer in Training
- Motion M2025-08-04: :
 - Add phone line orientation packet created by Communications Coordinator to the RSC Website
- Basic Text for Jails Ad Hoc Committee may be appointing a new point of contact to accomplish progress towards goals.
- Insurance Project has a new point of contact - star m
- The next RSC Meeting is Nov. 1 hosted by FUACNA!
 - A phoneline workshop will be presented
- WSC Literature Review & Input needed:
 - H&I Basics
 - IP #21 Staying Clean in Isolation
 - Scan the QR code for more info on either!



Regional Service Opportunities

- Nominations for Administrative Committee Trusted Servants and Subcommittee chairs open in February each year and close in May
- Convention Chair nominations will follow the same process in even numbered years only.

Word Service Opportunities

- The World Board is currently accepting recommendations for board members and the HR Panel.
- September 30, 2025 deadline - scan the Delegate Team's QR code for more info!



ARSCNA Current Projects

Basic Texts for Jails

- Arkansas Region is working the the Southern Zonal Forum to provide Basic Texts to Jails.
- Have a jail that could use a book? Let your GSR know at your next group conscious/business meeting!

Liability Insurance for ALL!

- With more and more groups being required to have liability insurance for their meeting place, the AR Region is investigating what it would take to obtain coverage for all groups in the Region.

Something you'd like us to work on? Let your GSR know at your next group conscious/business meeting!

Get involved with Southern Zonal Forum

- **Facilitator - Nominations Open**
 - Scan the Delegate Team's QR code for Guidelines/more info
- **Fellowship Development**
 - Fellowship Development helps grow and support groups so more addicts can hear the recovery message. It focuses on unity, outreach, group support, and education.
 - Meets the 3rd Sunday of the month at 10am CST.
 - Zoom Meeting ID 889-4276-0450 Password 121212
- **Public Relations**
 - Meets the 4th Sunday of the month at 5pm CST
 - Zoom Meeting ID 889-4276-0450 Password 121212
 - Or contact Craig at pr@szfna.org
- **Sponsorship Behind the Walls**
 - Offers a step-writing 'pen pal' for incarcerated members
 - Next training sessions are
 - Aug 24th at 7pm
 - Sept 28th at 10am
 - Zoom Meeting ID 815 4497 0779 Password: 121212

www.arscna.org



ARKANSAS REGION'S BASIC TEXT FOR JAILS PROJECT



WWW.ARSNA.ORG

NEXT MEETING? IT'S VIRTUAL!!
SEPTEMBER 28TH, 2025 @ 1:00 PM
ZOOM MEETING ID: 898 6343 9043
PASSCODE: 861725

CONTACT CRYSTAL 479-657-3650
WWW.ARSNA.ORG



Please join the Hope without Dope group of Narcotics Anonymous for a

Christmas PARTY

DECEMBER 6, 2025

5 PM - 9 PM

IOOF Benton Lodge #7
309 S East St, Benton, AR 72015

5pm Doors open

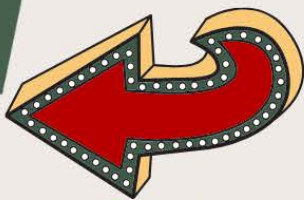
6pm *Potluck* Dinner

7pm Speaker

8pm Dirty Santa!

\$10 limit

Bring
a gift
to
play!



Wear your
best holiday
pajamas!